

# TRANSITIONING FROM SCHOOL AT AGE 21

TAKE ONE STEP AT A TIME TO GET CONNECTED TO EMPLOYMENT AND TO YOUR COMMUNITY.



## STEP ONE:

APPLY FOR SERVICES WITH THE DEVELOPMENTAL DISABILITIES ADMINISTRATION

**Developmental Disabilities Administration DDA** (formerly DDD) serves individuals of all ages. It is important to get connected early. The case manager can help you get connected to resources and support throughout your life. To apply call: **425-339-4833** or [www.dshs.wa.gov/dda](http://www.dshs.wa.gov/dda)

**Informing Families Building Trust** This website provides up to date information about changes in the DD delivery system, as well as resources to help families understand community resources. [www.informingfamilies.org](http://www.informingfamilies.org)

**Planning Services** Planning is available to help DD eligible participants who are interested in pursuing employment and need assistance to brainstorm and develop employment goals and next steps. Contact your DDA case manager for a referral. **425-339-4833**



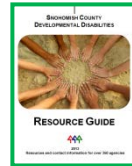
## STEP TWO:

IF ELIGIBLE FOR DEVELOPMENTAL DISABILITIES CONTACT THE SNOHOMISH COUNTY TRANSITION COORDINATOR

**Snohomish County Transition Coordinator** Once you are determined DDA eligible, the Snohomish County Transition Coordinator can help you navigate the adult service system, connect to community and employment services. **425-388-7476**

**Snohomish County Developmental Disabilities** [www.snohomishcountywa.gov/dd](http://www.snohomishcountywa.gov/dd) Includes lots of resources including:

- Transition Video of local families
- Resource Guide
- Career Path Services
- Building a Successful Future
- Community Plan



**Snohomish County Transition Network** A partnership with schools, providers, and professionals invested in the transition process for students age 18-21. Meetings occur the first Wednesday of every month during the school year. **425-388-7259**



## STEP THREE:

DEVELOP AN EMPLOYMENT PLAN



**Snohomish County School to Work** A partnership between schools, Snohomish County Developmental Disabilities, the Developmental Disabilities Administration (DDA), Division of Vocational Rehabilitation (DVR), and local employment vendors to assist students in being gainfully employed and have supports in place before they leave school. **425-388-7476**

To participate you must:

- Be eligible for DDA services
- Be 20-21 years of age
- Be committed to working
- Have reliable transportation
- Apply for DVR
- Choose an employment provider
- Apply for Social Security Benefits
- Be eligible for Medicaid

**Division of Vocational Rehabilitation DVR** provides services and support to help you reach your employment goals. Apply for services during your last year at school. Everett **425-339-4880** Lynnwood **425-977-6600**

**Department of Services for the Blind DSB** supports individuals who are blind or visually impaired to gain the necessary skills and access opportunities to reach their employment goals. Apply for services during your last year of school. **800-552-7103**



## STEP FOUR:

### CHOOSE AN EMPLOYMENT AGENCY AND HAVE RELIABLE TRANSPORTATION

**Employment Agencies** More information available at: [www.snohomishcountywa.gov/dd](http://www.snohomishcountywa.gov/dd) Click on Career Path Services

- At Work
- Cares of Washington
- Community Trades and Careers
- Diversified
- PROVAIL
- Service Alternatives
- Sherwood
- Special Care Agency
- Village Community Services
- Washington Vocational Services
- Work Opportunities

**Social Security Benefits Planner** If you are DD eligible and live in Snohomish County, the benefits planner can help you navigate the Social Security system and answer questions about how working may affect your benefits. Contact your DD case manager for a referral. 425-339-4833

**Transportation** is critical for getting a job and connecting to your community.

Everett Transit/Para Transit 425-257-7777 [www.everetttransit.org](http://www.everetttransit.org)  
 Community Transit/DART 425-353-7433 [www.communitytransit.org](http://www.communitytransit.org)



## STEP FIVE:

### PARTICIPATE IN YOUR COMMUNITY

**Self Advocacy** The Transition Club and self-advocacy groups provide self-advocates with the opportunity to have fun while increasing self advocacy skills, independent living skills and learning about community resources. Contact the Arc of Snohomish County. [www.arcsno.org](http://www.arcsno.org) 425-258-2459

**Recreation and Leisure** Participate in activities you enjoy, explore your community and try new things. Develop relationships with people who have similar interests. Check out local activities and events at [www.snohomish.org](http://www.snohomish.org)

**Family Support Centers** Family Centers provide opportunities to for community members to come together, meet new people, share their strengths, learn about resources and be a part of your community.

Darrington 360-436-0308  
 Familias Unidas 425-513-2880  
 Granite Falls 360-386-9282  
 Lake Stevens 425-397-7433  
 Northshore 425-205-2004

Sky Valley 360-793-2400  
 South Everett 425-355-6005  
 Stanwood 360-629-5257  
 South Snohomish County 425-670-8984

**Snohomish County Transition Fair** An annual event held in March that provides the opportunity for students and families to meet over 60 community agencies and attend a variety of workshops. 425-388-7259



*Snohomish County Developmental Disabilities*

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 425-388-7476

